



Standard Insurance Company, Employee Benefits Department PO Box 2800 Portland OR 97208-2800 866.440.4846 Tel 800.378.6053 Fax

Welcome to Standard Insurance Company.

We realize that being disabled is difficult. Even though you are unable to work, your financial obligations don't go away. We at The Standard have prepared this claim packet to assist you with your application for Long Term Disability (LTD) benefits.

This packet contains the forms to apply for LTD benefits under the State of Arizona group policy. It also addresses common questions about benefit claims. **Please save this information for future reference.**

You may qualify for LTD benefits if you meet the terms of the LTD policy. LTD benefits through The Standard are provided for eligible employees in the following retirement plans:

- Public Safety Officers Retirement Plan
- Elected Officials' Retirement Plan
- Correctional Service Officers Retirement Plan
- Optional Retirement Plans of the universities (AIG, VALIC, Aetna, Fidelity, TIAA-CREF and Vanguard) and
- A Judge Pro Tempore, an employee in a medical residency program or a Cooperative Extension employee on federal appointment who by statute is not entitled to pension and isn't on per diem basis who is actively at work 20+ hrs/wk.

If you are an ASRS member, The Standard is not your LTD carrier. Please contact ASRS or your Benefit Liaison for information on how to file an LTD claim.

For specific information about your LTD insurance coverage, refer to your Certificate of Insurance. The group policy is ultimate authority for all claims decisions. If you do not have a Certificate of Insurance, you may obtain one at www.standard.com/mybenefits/arizona or by contacting your Benefit Liaison.

Your application for benefits consists of three forms. Every space on these forms should be filled in to avoid delay in processing your application. If a section does not apply, or information is not available, "NONE" should be written in the space so that we know you did not overlook the particular question. **If a form is received incomplete, it may be returned for completion. Each form must be completed and submitted to The Standard.** It is recommended that all these forms be submitted at the same time.

The three forms are:

1. The Employee's Statement

- Answer every question completely. If a question does not apply to you, write "NA" and continue to the next question.
- Use an additional page, if necessary, to give full and complete answers.
- Attach copies of any Social Security, Public Employees Retirement System, Workers' Compensation or other benefit
 determinations you have received. If you have applied for any other benefits but have not yet received them, please
 send a copy of the application receipt. This information is needed to accurately calculate your monthly benefits. If
 you are unable to make copies of these documents please send the originals. We will photocopy and return them to
 you promptly.
- Remember to sign and date your statement. An unsigned or undated statement will be returned to you.

2. The Authorization to Obtain Information The Authorization to Obtain Psychotherapy Notes

Please sign and date the Authorization to Obtain Information and attach it to the Employee's Statement. Your
signature lets Standard Insurance Company (The Standard) get the information about you that we need to
determine your eligibility for benefits. The Authorization to Obtain Information also lets The Standard release
this information to specific persons.

If you have seen or been treated by a Psychiatrist, Psychotherapist, Psychologist, Clinical Social Worker (MSW, MCSW, etc.), or any other provider of treatment for a mental condition, please sign and return the Authorization to Obtain Information *and* the Authorization to Obtain Psychotherapy Notes.

You will receive copies of these Authorizations upon your request.



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3. The Attending Physician's Statement

- Part A should be completed by you.
- Part B should be completed by your physician. If you have seen more than one physician for your disability, a statement should be completed by each physician. (You may request additional forms from your Benefit Liaison.) Your physician(s) should mail the completed form directly to The Standard.

You are responsible for making sure all required forms are completed and sent to our office. If you have questions about completing these forms, please contact your Benefit Liaison or The Standard.

You will be contacted by us no later than five working days from the date all completed forms are received in our office. In some cases, additional information may be needed to make a decision on your claim. If so, The Standard will provide details regarding the information needed.

Preexisting Conditions

If you have not been insured under the State of Arizona LTD policy for at least 12 months before becoming disabled, your claim may be subject to a "Preexisting Condition" clause. If you enrolled for disability coverage within the last 12 months, please list all physicians you have seen over the last three years on your claim form or another sheet of paper.

For LTD, benefits are not payable for Disability caused or contributed to by a Preexisting Condition. However, you may remain eligible for Life Waiver of Premium.

Other Benefits that May Reduce Your Disability Benefits

Other benefits you receive may reduce the amount of Disability benefits due you. Your group insurance certificate lists these benefits, which may include, but are not limited to, sick leave, Workers' Compensation, Social Security, and Retirement.

To avoid a possible overpayment of your claim, please inform The Standard if you receive other benefits.

When You Return to Work

Your disability benefits usually stop when you return to work. **Be sure that you or your employer notify The Standard immediately when you plan to, or have, returned to work** to assure no overpayment occurs.

Payment of Benefits

LTD benefits are paid monthly at the end of the monthly benefit period. The due date of your check is determined by your date of disability.

For Additional Information

If you have questions regarding your LTD or Life Waiver of Premium, or are interested in options for continuing coverage when you are no longer a Member, please call 866.440.4846. You can also access additional information, including your Certificates of Insurance that contain detailed descriptions of coverages including definitions, exclusions, limitations, restrictions, and terminating events, by going to www.standard.com/mybenefits/arizona. Your Benefits Liaison is also available to assist you.



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State of Arizona – Long Term Disability Employee Statement

1. Full Name				F	Phone No.	()		
Address								
City			State			Zip Code		
Birth Date	Social Security	number			Sex	Male	Female	e
Name of Spouse		No. of de	pendent children ur	der age 2	5	Birthdate of youngest		
Agency Name		Supervisor Name				Phone No. ()		
2. Long Term Disability In order to qualify for Long Term Disab you participate. Public Safety Officers Retire Elected Officials' Retirement Correctional Service Officer Optional Retirement Plans of A Judge Pro Tempore, an erpension and isn't on per dier	ment Plan t Plan s Retirement Pla of the universities nployee in a med m basis who is a	n (AIG, VALIC, Aetna, Fide ical residency program or ctively at work 20+ hrs/wk	lity, TIAA-CREF and a Cooperative Exte	d Vanguard ension emp	d) bloyee on fec	deral appointment who by sta	utute is not e	entitled to
State your job title and your duties at	work (attach sep	arate page if needed)						
Is your disability work related?		Have you filed a Worke		☐ Yes	☐ No	Do you intend to file?	☐ Yes	☐ No
If you have filed a Workers' Comp. claim,						-		
Last day of work	_ Date y	ou became unable to work	k at your occupatior	ı				
of paper and attach to this form or provided Date you resumed full-time work		or part time work		- please cor	ntact your ag	ency to obtain a copy.		
Nature of illness/accident Date first noticed				ime, date a	and location	of accident)		
Explain how your illness/injury prevents	you from working	J						
Have you ever had the same condition or	a related illness	before?	□ No					
5. Pregnancy: Expected delivery date		Actual d	elivery date					
	al C-Sec	ction Expected return to	work date					
Type of delivery (if known):								
Type of delivery (if known): Vagin	wing and/or atte	ach a resume.						
OCATIONAL Complete the follow	wing and/or atte	ach a resume. If no, last grade attende	ed.					
, , , , , , , , , , , , , , , , , , ,	T		ed.					
OCATIONAL Complete the followards. Education level	Yes No		ed.					
OCATIONAL Complete the followards: Grade School Graduate	Yes No		od.					
COCATIONAL Complete the follows Education level Grade School Graduate High School Graduate	Yes No		ed. Major					

Work Experience: Complete the following for the last 10 years, starting with your most recent work experience.

Job Title & Employer	Dates of Employment	Duties	Last Salary
1.	From:		
	То:		
2.	From:		
	То:		
3.	From:		
	То:		

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7. Please list any professional lic	censes y	ou have	e obtain	ed (R	eal Esta	te, Teaching Cert.	, Pilots, e	etc.) Are	e they current?	☐ Yes ☐ No
Do you now have a valid driver's	license?	· 🗆 ,	Yes [] No	Cha	auffer's license?	☐ Yes	□ No	Commercial?	☐ Yes ☐ No
Are you or have you been engage	ed in a v	ocation	al retra	ining p	orogram	?	No			
If yes, please list participation da	tes			throu	ıgh					
Is a counselor assisting you with					_		omplete	the followin	g.	
Counselor's name:						Type of program	:			
Firm/agency name:										
Address:						Phone No.: (_)		Fax No.: (_)
						`			`	· · · · · · · · · · · · · · · · · · ·
8. Physician's Name							_ Date fire	st consulted fo	or this injury or illness	3
Street Address					City			State	Z	ip Code
Phone No. ()										
List <u>all</u> other medical professionals	consulte	ed within	the pas	t three	years. (a	continue on a separ	ate page i	if necessary)	
1						()				
Name							F	Phone No.		Date first consulted
2. Name						()	ſ	Phone No.		Date first consulted
If you were hospitalized within the pas	t three ye	ars, plea	se comp	lete.						
Hospital Name and Address										
From 1	Γhrough ₋				Rea	ason for hospitalizati	on			
From 1	Γhrough -				Rea	ason for hospitalizati	on			
OFFSETS										
Have you applied for or have you re	eceived b App		om: Rece	ivina		Data of		A		C#o etive
	Yes	No	Yes	No		Date of Application	Wee	Amoui ekly	Monthly	Effective Date
a. Sick Leave/Donated Leave										
b. Social Security										
c. Workers' Compensation										
d. Any other Group Disability Plans		Ш	Ш	Ш						
If yes, name of carrier:										
e. Retirement/Pension/ASRS		Ш	Ш	Ш						
Please specify type:										
f. Other (e.g. unemployment or union benef	fits)									
10. Please send copies of any letter	rs or noti	ces app	roving o	r deny	ing bene	fits to allow us to ca	alculate y	our benefits	from The Standard	i.
Acknowledgement I hereby certify that the answer	s I have	made	to the f	orego	oing ane	estions are both o	complete	e and true	to the best of m	v knowledge and belief
I acknowledge that I have read					₅ qui	are bour	Jinpica	and due	to the best of III	, anomeuse and bench.
Signature									Date	

CLAIM FORM FRAUD NOTICE

Some states require us to inform you that any person who knowingly and with intent to injure, defraud or deceive an insurance company, or other person, files a statement containing false or misleading information concerning any fact material hereto commits a fraudulent insurance act which is subject to civil and/or criminal penalties, depending upon the state. Such actions may be deemed a felony and substantial fines may be imposed.



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I AUTHORIZE THESE PERSONS having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider.
- Any hospital, clinic, pharmacy or other medical or medically related facility or association.
- Any insurance company.
- Any employer or plan sponsor.
- Any organization or entity administering a benefit program.
- Any educational, vocational or rehabilitational organization or program.
- Any consumer reporting agency, financial institution, accountant, or tax preparer.
- Any government agency (for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, etc.)

TO GIVE THIS INFORMATION:

- Charts, notes, x-rays, operative reports, lab and medication records and all other medical information about me, including medical history, diagnosis, testing and test results. Prognosis and treatment of any physical or mental condition, including:
 - Any disorder of the immune system, including HIV, Acquired Immune Deficiency Syndrome (AIDS) or other related syndromes or complexes.
 - Any communicable disease or disorder.
 - Any psychiatric or psychological condition, including test results, but excluding psychotherapy notes. Psychotherapy notes do not include a summary of diagnosis, functional status, the treatment plan, symptoms, prognosis and progress to date.
 - Any condition, treatment, or therapy related to substance abuse, including alcohol and drugs.

and:

• Any non-medical information requested about me, including such things as education, employment history, earnings or finances, or eligibility for other benefits (for example, Social Security Administration, Public Retirement System, Railroad Retirement Board, claims status, benefit amounts and effective dates, etc.).

TO STANDARD INSURANCE COMPANY.

- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct the persons and organizations identified above to release and disclose my entire medical record without restriction. I understand that The Standard will use the information to determine my eligibility or entitlement for insurance benefits.
- I understand and agree that this authorization shall remain in force throughout the duration of my claim for benefits with The Standard. I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Standard, except to the extent it has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Standard's ability to evaluate or process my claim and may be a basis for denying my claim for benefits.
- I understand that in the course of conducting its business, The Standard may disclose to other parties information it has about me. The Standard may release this information about me to a reinsurer, a plan administrator, or any person performing business or legal services for The Standard in connection with my claim.
- I understand that The Standard complies with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to The Standard pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. (Disability coverage is not subject to the Privacy Rules of the Health Insurance Portability and Accountability Act (HIPAA) and therefore the release of information to The Standard is not protected under the Act.)
- I acknowledge that I have read the authorization and the state variations (*if applicable*) on the following page. A photocopy or facsimile of this authorization is as valid as the original and will be provided to me upon request.

Name (please print)	Social Security No.
Signature of Claimant/Guardian/Representative	Date

If signature is provided by Attorney in Fact, please attach a copy of Power of Attorney.

This Authorization is a two-page document. Please see page 6 for additional terms and information. Both pages are part of the Authorization.

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State of Arizona Long Term Disability Authorization to Obtain Information

Standard Insurance Company, Employee Benefits Department PO Box 2800 Portland OR 97208-2800 866.440.4846 Tel 800.378.6053 Fax

Some states require us to provide the following information to you and to those persons and entities disclosing information about you:

FOR RESIDENTS OF MINNESOTA

This authorization excludes the release of information about HBV (Hepatitis B Virus), HCV (Hepatitis C Virus), or HIV (Human Immunodeficiency Virus) tests which were administered (1) to a criminal offender or crime victim as a result of a crime that was reported to the police; (2) to a patient who received the services of emergency medical services personnel at a hospital or medical care facility; (3) to emergency medical personnel who were tested as a result of performing emergency medical services. The term "emergency medical personnel" includes individuals employed to provide pre-hospital emergency services; licensed police officers, firefighters, paramedics, emergency medical technicians, licensed nurses, rescue squad personnel, or to other individuals who serve as volunteers of an ambulance service who provide emergency medical services; crime lab personnel, correctional guards, including security guards, at the Minnesota security hospital, who experience a significant exposure to an inmate who is transported to a facility for emergency medical care; and other persons who render emergency care or assistance at the scene of an emergency, or while an injured person is being transported to receive medical care and who would qualify for immunity under the good samaritan law.

FOR RESIDENTS OF NEW MEXICO

The state of New Mexico requires us to provide you with the following information pursuant to its Domestic Abuse Insurance Protection Act.

The accompanying Authorization to Obtain Information allows Standard Insurance Company to obtain personal information as it determines your eligibility for insurance benefits. The information obtained from you and from other sources may include confidential abuse information. "Confidential abuse information" means information about acts of domestic abuse or abuse status, the work or home address or telephone number of a victim of domestic abuse or the status of an applicant or insured as a family member, employer or associate of a victim of domestic abuse or a person with whom an applicant or insured is known to have a direct, close personal, family or abuse-related counseling relationship. With respect to confidential abuse information, you may revoke this authorization in writing, effective ten days after receipt by The Standard, understanding that doing so may result in a claim being denied or may adversely affect a pending insurance action.

The Standard is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by The Standard. Within 30 business days of receiving the request, The Standard will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. The Standard will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified The Standard that you are or have been a victim of domestic abuse) and participate in The Standard's location information confidentiality program, your request should be sent to the same address above.





State of Arizona Long Term Disability Authorization to Obtain Psychotherapy Notes

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I AUTHORIZE THESE PERSONS having any records or knowledge of me or my health:

- Any physician, medical practitioner or health care provider; and
- Any hospital, clinic, or other medical or medically related facility or association.

TO GIVE THIS INFORMATION:

Notes recorded by a health care provider who is a mental health professional documenting or analyzing the contents of conversation(s) during a private counseling session or a group, joint, or family counseling session and that are separated from the rest of my medical record.

TO STANDARD INSURANCE COMPANY.

- I acknowledge that any agreements I have made to restrict my protected health information do not apply to this authorization and I instruct the persons and organizations identified above to release and disclose my entire medical record without restriction. I understand that The Standard will use the information to determine my eligibility or entitlement for insurance benefits.
- I understand and agree that this authorization shall remain in force throughout the duration of my claim for benefits with The Standard. I understand that I have the right to refuse to sign this authorization and a right to revoke this authorization at any time by sending a written statement to The Standard, except to the extent it has been relied upon to disclose requested records. A revocation of the authorization, or the failure to sign the authorization, may impair The Standard's ability to evaluate or process my claim and may be a basis for denying my claim for benefits.
- I understand that in the course of conducting its business, The Standard may disclose to other parties information it has about me. The Standard may release this information about me to a reinsurer, a plan administrator, or any person performing business or legal services for The Standard in connection with my claim.
- I understand that The Standard complies with state and federal laws and regulations enacted to protect my privacy. I also understand that the information disclosed to The Standard pursuant to this authorization may be subject to redisclosure with my authorization or as otherwise permitted or required by law. (Disability coverage is not subject to the Privacy Rules of the Health Insurance Portability and Accountability Act (HIPAA) and therefore the release of information to The Standard is not protected under the Act.)
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The Standard is prohibited by law from using abuse status as a basis for denying, refusing to issue, renew or reissue or canceling or otherwise terminating a policy, restricting or excluding coverage or benefits of a policy or charging a higher premium for a policy.

Upon written request you have the right to review your confidential abuse information obtained by The Standard. Within 30 business days of receiving the request, The Standard will mail you a copy of the information pertaining to you. After you have reviewed the information, you may request that we correct, amend or delete any confidential abuse information which you believe is incorrect. The Standard will carefully review your request and make changes when justified. If you would like more information about this right or our information practices, a full notice can be obtained by writing to us.

If you wish to be a protected person (a victim of domestic abuse who has notified The Standard that you are or have been a victim of domestic abuse) and participate in The Standard's location information confidentiality program, your request should be sent to the same address above.





State of Arizona Long Term Disability Attending Physician's Statement

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PART A. TO BE COMPLETED BY EMPLOYEE (PATIENT)

	lame			ocial Security No		
Emplo	oyer_State of Arizona	Agency			Policy No6	317950
Phone	e No. ()	Medical Plan			Patient No	
The fo	TB. TO BE COMPLETED BY PHYSI collowing information is needed to document the Pa					
	Diagnosis A. Primary Diagnosis			ICDA Clas	sification	
	B. Secondary Diagnosis (related to patient's disability)					
С	C. Symptoms					
	D. Objective findings					
E	Patient's height Weight	Most recent blood pressu	e: Systolic:	D	iastolic:	Pulse:
	Pregnancy (If Applicable)					
	Expected date of delivery	Anticipated to be normal?		∐ No		
	Para Gravida					
	Actual date of delivery	Type of delivery:	☐ Vaginal	Caesarean Sec	ction	
	listory					
	When did symptoms appear ?					
В	s. Is condition the result of an accidental injury?	Yes ∐ No If yes, d	escribe accide	nt:		
С	If yes, as of what date? Why?					
	If no, who recommended that the patient stop work?					
D	. Has the patient ever had the same or similar condition Describe		If yes, when?			
	Is the condition related to a. Patient's Employment? b. Mental Disorder? c. Alcohol or Drug Condition? Did you complete a Workers' Compensation Report for	☐ Yes ☐ No ☐ Ur ☐ Yes ☐ No ☐ Ur	determined determined determined			
. Tr	reatment					
A	. Date of first visit Date	of most recent visit		_		
В.	. Date of subsequent visits					
C	. Planned course of treatment (Include surgery, physi	cal therapy, psychiatric counse	ling.)			
	Current medications (Include dosage and frequency):				
<u>.</u> 5.	Cardiac classification (If Applicable) A. Functional classification (American Heart Assoc	iation)	Class II	☐ Class III	☐ Class	





State of Arizona Long Term Disability Attending Physician's Statement

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6.	6. Physical Capacities Based upon objective findings, please indicate below the amount of activity this individual can tolerate in a work day, for any employer. Indicate the functional capacities of this individual given two breaks, positional changes, and meal break(s).									
	Person can: a. Sit b. Stand	1 2 Hr. Hrs. H	3 4 5 Hrs. Hrs. Hr	6 7 rs. Hrs. Hrs.	8 9 Hrs. Hrs.	10 11 Hrs. Hrs.	12 NOT AT Hrs. ALL	Total Wrk. Day Hrs.	Duration of PERM. TEMP.	Restriction DURATION
	c. Walk									
	•	: Never (-	· · ·	Dominant Har	ū				
	What assistive devices are currently in use?									
	NOTE: In terms of a work day: "OCCASIONALLY" = 1%-33%; "FREQUENTLY" = 34%-66%; "CONTINUOUSLY" = 67%-100%									
		(CCASIONALI	LY		FREQUENTLY	Y	CONTINUOUSLY		
Indivi	dual can:	Lift	Carry	Push/Pull	Lift	Carry	Push/Pull	Lift	Carry	Push/Pull
1-10	bs.									
11-20	lbs.									
21-50	lbs.									
51-75	lbs.									
76-10	0 lbs.									
Specifically: fingering, reaching and grasping? Specifically: ability to do overhead lifting or overhead reaching? 7. Level of Functional Impairment A. The patient is: Ambulatory House Confined Bed Confined Hospital Confined B. Other impairments (please be specific) C. Describe the patient's mental and cognitive limitations and restrictions D. Is this patient competent to endorse checks and direct the use of the proceeds? Yes No										
0.	B. Reason for admittance to hospital Date discharged Date surgical procedure performed									
	C. Describe nature of any surgical procedure performed									
	Name	of hospital								
	Addres	S			City			State		Zip
9.	Other treat	ing medical profe	essionals (if know	wn)						
	A. Name_				Specialty _			Phone No. ()	
	Addres	3		Cit	ty		State		Zip	
	B. Name				Specialty _			Phone No. ()	
	Addres	S		Cit	ty		State		Zip	





State of Arizona Long Term Disability Attending Physician's Statement

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10.		ognosis Describe patient's condition since onset of symptoms:	Recovered	☐ Improved	☐ Not Changed	Retrogressed
	В.	When do you expect a fundamental or marked change i	n the patient's condition?			
		Unable to determine, follow up in	weeks	months.	☐ Never	
	C.	When do you anticipate the patient can return to work? Full-time	Part-time	(_ hrs/day,	days/weeks)
		Unable to determine, follow up in	_ weeks	_ months.	Never	
Name	of P	Physician completing this form (Please type or print.)			Specialty	
Addres	ss _		City		State	e Zip
Phone	No.	()	Taxpayer lo	lentification No.		
I her	eby	ledgement certify that the answers I have made to the acknowledge that I have read the fraud not		s are both co	omplete and true to t	he best of my knowledge and
Signat	ure _		Fax No			Date
<i>Please</i> Return		nd copies of chart notes, diagnostic, laboratory, and electr Standard Insurance Company Employee Benefits Department P.O. Box 2800 Portland, OR 97208-2800	rodiagnostic findings, as	well as operativ	re reports and hospital disc	charge summaries for the past year.

CLAIM FORM FRAUD NOTICE

Some states require us to inform you that any person who knowingly and with intent to injure, defraud or deceive an insurance company, or other person, files a statement containing false or misleading information concerning any fact material hereto commits a fraudulent insurance act which is subject to civil and/or criminal penalties, depending upon the state. Such actions may be deemed a felony and substantial fines may be imposed.